

## **(ABO) Adaptive Boxing Organisation CIC. PRE-LICENSE MEDICAL EXAMINATION**

### **PRE LICENSE MEDICAL EXAMINATION**

#### **Adaptive MEDICAL REQUIREMENTS Boxing,**

(Amateur) All to be done through Personal Doctor and Opticians all documents Legal for one year. And to be shown to (ABO) License Board.

- 1. Blood Work:** HIV (must be drawn within 30 days of submitting all requirements to become licensed), Hepatitis B Surface Antigen, and Hepatitis C Antibody (Hepatitis B & C blood work can be drawn within the calendar year).
- 2. Physical:** Must be administered by a licensed M.D. or D.O. and is good for one calendar year.
- 3. Eye Exam:** Must submit a dilated ophthalmological exam administered by a licensed ophthalmologist. This exam is valid for one calendar year.
- 4. Older:** Professional Fighters who will turn 36 during this calendar year, or is 36 and over must submit a comprehensive physical exam administered by a licensed GP an EKG, Chest X-Ray, Urinalysis, and additional blood work including: CBC, Chemistry Panel containing Electrolytes, Creatine, and Liver Function.
- 5. Additional Requirements:** For professional Fighters who have fought, Bring documents from Pro Board, or not fought a professional fight in the last 36 months, or has fought over 425 professional rounds and is not under suspension in another state or country need to submit a comprehensive physical exam administered by a licensed M.D. or D.O., an EKG, Chest X-Ray, Urinalysis, and additional blood work including: CBC, Chemistry Panel containing Electrolytes, Creatine, and Liver Function.

#### **(ABO)**

##### **MEN's 8 Weight Division.**

- **Flyweight, -60kg**
- **Bantamweight, -65kg**
- **Super Bantam-Weight, -70kg**
- **Lightweight, -75kg**
- **Super Light-Weight, -80kg**
- **Middleweight, -85kg**
- **Light-Heavyweight, -90kg**
- **Heavyweight, unlimited, +91kg**

#### **(ABO)**

##### **Women's 6 Weight Division.**

- **Flyweight, -50kg**
- **Bantamweight, -55kg**

- **Lightweight, -60kg**
- **Middleweight, -65kg**
- **Light-Heavyweight, -70kg**
- **Heavyweight, unlimited, +76kg**

**(All information must be sent within 30 days from submitting requirements to become licensed)**

**Anyone wishing to fight with (ABO) Boxing**

**Send- Above medical document along with,**

Name:

Fight Name/ Alias:

DoB:

Birthplace/ Country

Home-town:

Stance:

Height: ' " / cm

Boxing Record

Weight kg

Contact Number/ Email

with a posing photo and if any (Fight/Training Footage)

If Amputee please state (Leg or Arm)

Contact Email> [mmmaww@outlook.com](mailto:mmmaww@outlook.com)

Surname: Forename: DoB:

**ANSWER ALL QUESTIONS** How old are you? What disability have you?

Do you ever wear glasses (spectacles) or contact lenses? No/Yes

Have you had any significant illness or any surgical operations? No/Yes

Have you ever been admitted to Hospital? No/Yes

Have you had medical care of any problem from your condition recently? No/Yes

Have you suffered from any of the following? High blood pressure? No/Yes

Any blood or bleeding disorders? No/Yes

Epilepsy or any other type of fit, faint, convulsion or black-out? No/Yes

Migraine? No/Yes Any eye disorders or operations? No/Yes

Any broken bones or cuts needing treatment in the previous 6 months? No/Yes

Are you taking any medication now? Yes/No

Has your health changed since your last medical? Yes/No

Have you been unwell in the last month? Yes/No

Do you feel in 100% good health now? Yes/No

Do you understand the sport-specific medical risks of combat sports? Yes/No

List medication you are taking.

(ABO) Classification Match-up Please see below what classifications you are under thank you. **(ABO) Adaptive Boxing Organisation(CiC) Classifications: 1 point player (ABO)** in this classification as fighters having, "No lower limb and little or no trunk movement. Rebound overhead single handed. The **(ABO)** defines this classification as, "Fighters with little or no controlled trunk movement in all planes. Their balance in both forward and sideways directions is significantly impaired and they rely on their arms to return them to the upright position when unbalanced. One point players have no active trunk rotation. **(ABO)** defines a 1-point player as, "Little or no controlled trunk movement in all planes. Balance in both forward and sideways directions significantly impaired and players rely on their arms to return them to the upright position when unbalanced. No active trunk rotation. T1-T7 paraplegia without abdominal muscle control, post-polio paralysis with arm involvement and without control of trunk musculature. A Fighter can be classified as a 1.5 point fighter if they display characteristics of a 1 point fighter and 2 point fighter, · **2 point player' (ABO)** in this classification as fighters having "No lower limb but partial trunk control in a forward direction. Rely on hand grip to remain stable in a collision. **(ABO)** defines this classification as, "Players with some partially controlled trunk movement in the forward direction, but no controlled sideways movement. They have upper trunk rotation but poor lower trunk rotation. **(ABO)** defines a 2-point player as, "Some partially controlled trunk movement in the forward direction, but no controlled sideways movement, has upper trunk rotation but poor lower trunk rotation explain this classification as, "mild to moderate loss of stability in the lower trunk. This may result in little loss of stability during passing but usually Class 2 players will reach for rebounds with one hand whilst stabilizing by holding onto the chair with the other hand. Class players will be able to push the wheelchair without total support of the back of the wheelchair. Typical Class 2 Disabilities include : T8-L1 paraplegia, post-polio paralysis without control of lower extremity movement. A Fighter can be classified as a 2.5 point player if they display characteristics of a 2-point fighter and 3 point fighter, and it is not easy to determine exactly which of these two classes the Fighter fits in. **3 point player (ABO)** in this classification as fighters: "May have some limb movement more control of their trunk. They are quite limited in their sideways movement. Can rebound overhead with 2 hands. **(ABO)** this classification as:"Fighters with good trunk movement in the forward direction to the floor and up again without arm support. They have good trunk rotation but no controlled sideways movement. **(ABO)** a 3-point player as"Good trunk movement in the forward direction to the floor and up again without arm support. Has good trunk rotation but no controlled sideways movement explain this classification as, "excellent stability of the trunking a forwards and backwards direction. Class 3 Fighters suffer little loss of stability during upright Position Limited stability during reaching late rally for offence;. Able to push the wheelchair forcefully with no loss of anterior or posterior stability. Typical Class 3 Disabilities include : L2-L4 paraplegia, with control of hip flex and adduction movements, but without control of hip extension or abduction. Post-polio paralysis with minimal control of lower extremity movements. Hip disarticulated or above-knee amputees with very short residual limbs. A Fighter can be classified as a 3.5 point player if they display characteristics of a 3 point fighter and 4 point fighter, and it is not easy to determine exactly which of these two classes the fighter fits in. · **4 point player (ABO)** in this classification as fighters: Normal trunk movement but some reduced lower limb function as they unable to lean to both sides with full control. **(ABO)** defines this classification as: "Fighters with normal trunk movement, but usually due to limitations in one lower limb they have difficulty with controlled sideways movement to one side. **(ABO)** defines a

4-point Fighter as "Normal trunk movement, but usually due to limitations in one lower limb they have difficulty with controlled sideways movement to one side explain this classification as, "able to move the trunk forcefully in the direction of the follow-through after shooting. Class 4 players are able to flex, extend and rotate the trunk maximally. Class 4 Fighters are able to push and stop the wheelchair with rapid acceleration and maximal forward movement of the trunk. Typical Class 4 Disabilities include : L5-S1 paraplegia, with control of hip abduction and extension movements on at least one side. Post-polio-paralysis with one leg involvement. Hemi-pelvectomy. Single above- knee amputees with short residual limbs. Most double above-knee amputees. Some double below-knee amputees. **4.5 player (ABO)** in this classification as fighters "These Fighters have the least disability. Usually have minimal lower limb dysfunction or single below knee amputation. Normal trunk movements in all directions. **(ABO)** defines this classification as: "Fighters with normal trunk movement in all directions who are able to reach side to side with no limitations **(ABO)** defines a 4.5 point Fighter as "Normal trunk movement in all directions, able to reach side to side with no limitations explain this classification as, "(minimal disability) – able to move the trunk forcefully in all directions during throwing punches Class 4.5 Fighters can lean forward or to either side with arms overhead to grasp the ball and are able to push and stop the wheelchair with rapid acceleration and maximal forward movement of the trunk. Typical Class 4.5 Disabilities include : Single below-knee amputees. Some double below-knee amputees. Players with extensive orthopaedic involvement of hips, knees or ankles. Post-polio paralysis with minimal (ankle/foot) involvement on one or both sides.

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